

JANUARY 2018

SENIOR CENTER HOURS: MONDAY-FRIDAY 8:30am-4:00pm
SATURDAY & SUNDAY Closed

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
1 CLOSED	2 9:30am Mah Jongg 1pm Depression Poker	3 11:30am Back in Balance 1pm Pinochle	4 12:45pm Bridge 1pm Rummikub 1pm Chess	5 10am Wii Bowling 10am Games Galore	6
					7
8 10am Pizza & Bingo 12pm Canasta Foot Doctor (by appt.) SHIP (by appt.) Medicare Help Desk (by appt.)	9 9:30am Mah Jongg 1pm Depression Poker	10 10am Yoga 10am Brain Gang 1pm Pinochle 6pm Coping Strategies for Dementia at SJA TRIP: Russian Tea Time	11 10:30am Memory Café 12:45pm Bridge 1pm Rummikub 1pm Chess TRIP: Grand Victoria Casino	12 10am Yoga 10am Games Galore	13
					14 TRIP: Elizabeth Von Trapp
15 10am Bingo 11am Blood Pressure Check 12pm Canasta SHIP (by appt.)	16 9am What is Short Term Care Insurance? 9:30am Mah Jongg 1pm Depression Poker	17 10am Yoga 11:30am Back in Balance 1pm Pinochle TRIP: Turnadot	18 10am Fancy Free Holidays Tour Presentation 12:45pm Bridge 1pm Rummikub 1pm Chess	19 10am Yoga 10am Games Galore 1pm Beating the Winter Blues at the Movies	20
					21 11:30am Sunday Fun-Day
22 10am Bingo 12pm Canasta SHIP (by appt.)	23 9:30am Mah Jongg 10am Tuesday Tidbits 1pm Depression Poker TRIP: Winter Overnight	24 10am Yoga 10am News & Views 1pm Pinochle 6pm Coping Strategies for Dementia at SJA TRIP: Winter Overnight	25 12:45pm Bridge 1pm Rummikub 1pm Chess	26 9am Pain Management & Assisted Device Assessment 10am Yoga 10am Games Galore	27
					28
29 10am Super Bowl Bingo 12pm Canasta SHIP (by appt.)	30 9:30am Mah Jongg 1pm Depression Poker	31 10am Yoga 11:30am Back in Balance 1pm Pinochle TRIP: Joseph & the Amazing Technicolor Dreamcoat			

FEBRUARY 2018

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
			1	2	3
			12:45pm Bridge 1pm Rummikub 1pm Chess Taxes (by appt.)	10am Yoga 10am Games Galore	4
5	6	7	8	9	10
10am Bingo 12pm Canasta SHIP (by appt.)	9:30am Mah Jongg 1pm Depression Poker Taxes (by appt.)	10am Yoga 1pm Pinochle 6pm Coping Strategies for Dementia at SJA TRIP: Ragtime	10:30am Memory Café 12:45pm Bridge 1pm Rummikub 1pm Chess Taxes (by appt.) TRIP: Galos Salt Cave	10am Yoga 10am Games Galore	11 1pm Soup Wars
12	13	14	15	16	17
10am Bingo 12pm Canasta 12:30pm Dancing and Desserts Foot Doctor (by appt.) SHIP (by appt.) Medicare Help Desk (by appt.)	9:30am Mah Jongg 10am Tuesday Tidbits 1pm Depression Poker Taxes (by appt.) TRIP: Oriental Institute / Rockefeller Chapel	10am Yoga 10am Brain Gang 1pm Pinochle 1pm Valentine Bunco	12:45pm Bridge 1pm Rummikub 1pm Chess Taxes (by appt.)	10am Yoga 10am Games Galore	18 TRIP: Chicago Wolves Game
19	20	21	22	23	24
10am Bingo 11am Blood Pressure Check 12pm Canasta SHIP (by appt.)	9:30am Mah Jongg 1pm Depression Poker Taxes (by appt.)	10am Yoga 1pm Pinochle TRIP: Tommy's Gun's Garage	12:45pm Bridge 1pm Rummikub 1pm Chess Taxes (by appt.)	10am Yoga 10am Games Galore 1pm Celebrate Oscar Movies	10am Pancakes with the Police 25 TRIP: Esther
26	27	28			
10am Bingo 12pm Canasta SHIP (by appt.)	9:30am Mah Jongg 1pm Depression Poker Taxes (by appt.) TRIP: Make, Shop, & Eat on Main Street	10am Yoga 10am News & Views 1pm Pinochle TRIP: Cabaret			