

✓ CHECK SELECTION	PROGRAMS/EVENTS	DATE	R/NR FEE	# OF PEOPLE	HOME P/U + \$5	EVENT LOCATION	OTHER DETAILS
	Rules of the Road	Feb. 15	FREE			Multipurp. Rm 3	
	Wii Bowling	Mar. 3	FREE			Senior Center	
	Coffee with Doc Williams	Mar. 6	FREE			Senior Center	
	Tuesday Tidbits - Ageless Grace	Mar. 7	FREE			Senior Center	
	Let's Do Breakfast - Walker Bros. Pancake House	Mar. 7	\$6 / \$11			Senior Center	
	Happy Hour at Heritage Woods	Mar. 8	\$5 / \$5			Senior Center	
	Brain Gang	Mar. 9 - May 10	FREE			Senior Center	
	Pi Day Luncheon	Mar. 13	\$10 / \$10			Senior Center	
	News & Views	Mar. 15 - May 17	FREE			Multipurp. Rm. 3	
	Lunch & Learn - Trust University	Mar. 16	FREE			Multipurp. Rm. 2	
	St. Patrick's Day Bunco	Mar. 17	FREE			Senior Center	
	Sunday Fun-Day	Mar. 19	\$5 / \$5			Senior Center	
	Cooking with Bacon	Mar. 20	\$5 / \$5			Senior Center	
	Strut, Hustle, Jive! Line Dance Party - On Bus	Mar. 21	\$37 / \$42			Senior Center	
	Strut, Hustle, Jive! Line Dance Party - Driving Self	Mar. 21	\$32 / \$37			Arrowhead	
	Lunch & Learn: The Revitalizing Power of Light	Apr. 24	FREE			Multipurp. Rm. 2	
	Celebrate Oscar Movies	Mar. 31	FREE			Multipurp. Rm. 2	
	Let's Do Lunch - Riverside Restaurant	Apr. 5	\$24 / \$29			Senior Center	
	Wii Bowling Tournament at Heritage Woods	Apr. 7	FREE			Senior Center	
	Don't Fall Into Spring	Apr. 10	FREE			Senior Center	
	Hot Cross Bunco	Apr. 11	FREE			Senior Center	
	Resailing Away	Apr. 13	\$8 / \$13			Senior Center	
	Pajama Party Breakfast	Apr. 17	\$5 / \$5			Senior Center	
	Tuesday Tidbits - Money Management	Apr. 18	FREE			Senior Center	
	Share Your Stuff	Apr. 19	FREE			Senior Center	
	AARP Driver's Safety <i>*(AARP Member / Nonmember)</i>	Apr. 21 & Apr. 28	*\$15 / \$20			Senior Center	Pay at first class
	Adopt a Rock	Apr. 26	FREE			Senior Center	
	Celebrate Oscar Movies	Apr. 28	FREE			Multipurp. Rm. 2	
	Mah-Jongg Tournament	May 24	\$20 / \$20			Senior Center	
	Celebrate Oscar Movies	May 26	FREE			Multipurp. Rm. 2	
	Senior Wed. Yoga	Mar. 8 - Apr. 12	\$36 / \$41			Athletic Space	
	Senior Wed. Yoga	Apr. 19 - May 24	\$36 / \$41			Athletic Space	
	Senior Fri. Yoga	Feb. 17 - Mar. 24	\$36 / \$41			Athletic Space	
	Senior Fri. Yoga	Mar. 31 - May 12	\$36 / \$41			Athletic Space	
	Sound Healing	Feb. 15	\$12 / \$17			Athletic Space	
	Sound Healing	Mar. 15	\$12 / \$17			Athletic Space	
	Sound Healing	Apr. 19	\$12 / \$17			Athletic Space	
	Sound Healing	May. 17	\$12 / \$17			Athletic Space	
	Resistance Training	Feb. 23 - Apr. 6	\$37 / \$42			Athletic Space	
	Resistance Training	Apr. 13 - May 25	\$37 / \$42			Athletic Space	

Do you need assistance or accommodations to participate in any programs? (circle one) YES NO

WARNING OF RISK: Recreational activities/programs are intended to challenge and engage the physical, mental, and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning, and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers, and injuries due to inclement weather, slipping, falling, poor skill level, conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction, or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Lisle Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK: Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages, or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services/vehicle operation, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or that may accrue to me or my child/ward) as a result of participating in this program/activity against the Lisle Park District, including its officers, officials, agents, volunteers and employees, and the Village of Lisle, including its officers, officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages, or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this program/activity.

PHOTOGRAPHS: Photographs and videos are taken of participants to use for promotional purposes. By registering for a program, you have granted us permission to use your image for promotional purposes unless otherwise stated.

I have read and fully understand the above important information, warning of risk, assumption of risk, and waiver and release of all claims. If registering on-line or via fax, your on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

Participant's Signature _____

Date ____/____/____

(18 years or older or Parent/Guardian)