

Lisle Park District
Simple Tips to “Going Green” at Home

Save Energy

1. Set your thermostat a few degrees lower in the winter and a few degrees higher in the summer to save heating and cooling costs.
2. Install Compact Fluorescent light bulbs (CFLs).
3. Turn off lights and televisions when not in use.
4. Unplug appliances when not in use.
5. Use a drying rack or clothesline to dry your clothes.

Save Water

1. Turn off the water when brushing your teeth or shaving.
2. Take shorter showers.
3. Landscape with native plants.
4. Use a rain barrel to conserve water.

Skip the Bottled Water

1. Use a water filter to purify tap water instead of buying bottled water.
2. Use a reusable water bottle when working out, or at work.

Think before you buy and shop smart.

1. Use a reusable or cloth shopping bag for all your shopping needs. Keep them in the car so they are always handy.
2. You can recycle all your old plastic shopping bags at most grocery stores.
3. Buy in bulk when possible to save trips to the store.
4. Choose ECO-friendly options when available (i.e. – cleaning products, personal care)

Reduce your landfill utilization

1. Keep your cell phones, computers and other electronics as long as possible. Recycle them responsibly when the time comes.
2. Donate or recycle them responsibly when the time comes.
3. Start composting.
4. Recycle according to guidelines set by your municipality.
5. Recycle all your paper in the paper retriever bin located at the Community Center

For more information and for other things you can do for the environment check:

www.thegreenguide.com

www.earth911.org

www.thegreenguide.com

www.thedailygreen.com

www.idealbite.com

www.greenlivingtips.org