

MAY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
3	4	5	6	7	8
RESIDENT REGISTRATION BEGINS 10-11am ZUMBA® Gold	10am Walking Club 10-11am Strength & Bone Density	NONRESIDENT REGISTRATION BEGINS 10-11am Gentle Yoga 2-3pm ZUMBA® Gold	10-11am Strength & Bone Density	10-11am Gentle Yoga	8am-12pm TRIAD Free Senior Car Care Clinic
					9
10	11	12	13	14	15
10-11am ZUMBA® Gold	10am Walking Club 10-11am Strength & Bone Density 6:30pm Legacy Tour & Travel Virtual Preview	10-11am Gentle Yoga 2-3pm ZUMBA® Gold 10am & 2pm Legacy Tour & Travel Virtual Preview	10-11am Strength & Bone Density	10-11am Gentle Yoga	
					16
17	18	19	20	21	22
10-11am ZUMBA® Gold	10am Walking Club 10-11am Strength & Bone Density	10-11am Gentle Yoga 2-3pm ZUMBA® Gold	10-11am Strength & Bone Density	10-11am Gentle Yoga 1-2pm BBQ & Blues Social	
					23
24	25	26	27	28	29
10-11am ZUMBA® Gold	10am Walking Club 10-11am Strength & Bone Density 10am-12pm TRIAD Craft Club & Social	10-11am Gentle Yoga 2-3pm ZUMBA® Gold	10-11am Strength & Bone Density	10-11am Gentle Yoga 1-2pm Bunco Party	
					30
31					
CLOSED FOR MEMORIAL DAY					

JUNE 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	1 10am Walking Club 10-11am Strength & Bone Density	2 10:30am-12:30pm TRIAD Summer Picnic 10-11am Gentle Yoga 2-3pm ZUMBA® Gold 6-7pm Aquacise	3 10-11am Strength & Bone Density	4 10-11am Gentle Yoga 9:30am-5:30pm Four Winds Casino Trip	5
					6 9:30-10:45am Senior Swim
7	8 9:30am Mah Jong 10am Walking Club 10-11am Strength & Bone Density 1pm Depression Poker	9 10am Canasta 10-11am Gentle Yoga 12pm Lunch Bunch 1pm Pinochle 2-3pm ZUMBA® Gold 6-7pm Aquacise	10 10-11am Strength & Bone Density 11am-1pm Summer Snacks & Salads 12:45pm Bridge 1pm Rummikub 1pm Chess 6-6:45pm Aqua ZUMBA®	11 10-11am Gentle Yoga 1-2pm Bunco Party	12
					13 9:30-10:45am Senior Swim
14	15 9:30am Mah Jong 10am Walking Club 10-11am Strength & Bone Density 1pm Depression Poker	16 10am Canasta 10-11am Gentle Yoga 10am Rules of the Road 12pm Lunch Bunch 12:30pm Lunch & A Movie 1pm Pinochle 2-3pm ZUMBA® Gold 6-7pm Aquacise	17 10-11am Strength & Bone Density 12:45pm Bridge 1pm Rummikub 1pm Chess 6-6:45pm Aqua ZUMBA®	18 10-11am Gentle Yoga	19
					20 9:30-10:45am Senior Swim
21	22 9:30am Mah Jong 10am Walking Club 10-11am Strength & Bone Density 1pm Depression Poker	23 10am Canasta 10-11am Gentle Yoga 12pm Lunch Bunch 1pm Pinochle 2-3pm ZUMBA® Gold 6-7pm Aquacise 6:30pm Concert in the Park	24 10-11am Strength & Bone Density 12:45pm Bridge 1pm Rummikub 1pm Chess 6-6:45pm Aqua ZUMBA®	25 10-11am Gentle Yoga 10am-12pm Bags Tournament & Lunch	26
					27 9:30-10:45am Senior Swim
28	29 9:30am Mah Jong 10am Walking Club 10-11am Strength & Bone Density 1pm Depression Poker	30 10am Canasta 10-11am Gentle Yoga 12pm Lunch Bunch 1pm Pinochle 2-3pm ZUMBA® Gold 6-7pm Aquacise			